

Does the Australian Tertiary Admissions Rank score (ATAR) predict academic performance in a podiatry course?

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Abstract

Introduction: Universities within Australia use the Australian Tertiary Admission Rank (ATAR) score to guide student selection into degrees. This process assumes that students with higher ATAR scores are more capable of the academic requirements of tertiary study. This study investigated whether ATAR predicted grades in individual subjects within a university podiatry course. To our knowledge, this research is novel within this discipline in Australia.

Methods: The academic records of four intake cohorts into the podiatry program (2009, 2010, 2011 and 2012; total $n = 328$) were retrospectively analysed. Whether student ATAR scores predicted grades achieved in each subject was examined using multiple linear regression analysis, with secondary schooling type, entry type, gender, socioeconomic status and year of course commencement considered as potential covariates.

Results: Higher ATAR score was predictive of stronger academic performance in 21 of 29 podiatry subjects, although the strength of the relationship varied from weak to moderate across year level of subject and subject type. The strongest associations were in second year bioscience subjects for Microbiology ($r = 0.54$, 95% CI: 0.32–0.77), Normal and Pathological Movement ($r = 0.52$, 95% CI: 0.35–0.66) and Human Bioscience B ($r = 0.50$, 95% CI: 0.32–0.69). Three of the six clinical subjects (Podiatric Practice A, D and E) did not produce statistically significant associations.

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Conclusion: This study identified that ATAR score moderately predicted grades of biosciences subjects, however it did not predict grades in clinical subjects. Provision of academic support targeted at bioscience subjects may be useful to improve the performance of students with lower ATAR scores.

Keywords: Australian Tertiary Admissions Rank; ATAR score; podiatry; podiatry education; secondary education; university education; tertiary education; school admission criteria; academic success; academic performance

Introduction

The Australian Tertiary Admission Rank (ATAR) is a score used by tertiary institutions in Australia to compare student performance in secondary school across different subject combinations within a study year (VTAC, 2012). It is a key measure for student selection into university degrees, with higher scoring ATAR students typically receiving preference for entry into their selected course (Department of Education and Training, 2016).

Despite its use for tertiary admissions, there is limited research evaluating whether ATAR score is predictive of academic performance in Australian health professional degrees. Furthermore, the value of ATAR score to guide academic support development once at university has not been rigorously evaluated. The focus of this current work relates specifically to Australian podiatry entry-to-practice level degrees. American-based studies have demonstrated a positive relationship between undergraduate grade point average (GPA) and performance in entry-to-practice postgraduate podiatry degrees (Smith & Geletta, 2010; Yoho, Antonopoulos, & Vardaxis, 2012). A study undertaken by Yoho and colleagues (2012) demonstrated moderate positive correlations between undergraduate GPA and performance in postgraduate year 1 ($r = 0.53$) and year 2 ($r = 0.53$), while Smith and Geletta (2010) found that undergraduate GPA was associated with cumulative GPA at postgraduate podiatry degree graduation ($r = 0.33$). Both studies support past academic achievements as predictive of performance in future podiatry studies. However, the generalisability of these findings may be limited, as the academic experiences of postgraduate students and structure of American podiatry degrees differ to Australian entry-to-practice podiatry degrees. Further limitations in both studies were that demographic factors (i.e., gender, socioeconomic status and ethnicity) were not controlled and reported findings were not broken down into individual subjects and content areas.

In another study, relationships between undergraduate institutional selectivity, Medical College Admission Test (MCAT) performance, ethnicity, gender and undergraduate GPA with academic performance in postgraduate first-year podiatry were investigated (Smith & Geletta, 2010). Undergraduate GPA was found to have the strongest positive independent association with GPA in postgraduate first-year subjects ($r = 0.22$), while the model of ethnicity, institutional selectivity, MCAT performance in verbal reasoning and biology and

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undergraduate GPA predicted performance in postgraduate first-year subjects. The lack of consistency between past studies regarding the strength and size of associations highlights the current uncertainty regarding past academic performance as an indicator of future success in podiatry degrees.

Studies undertaken in other health professional training programs across Australian universities shed further light. A cross-sectional study of students in nursing, paramedicine and dual qualification courses at Charles Sturt University found the University Admission Index, or UAI, (now replaced by ATAR score) was the strongest independent predictor of university academic performance in first-year health science subjects ($r = 0.028$; 95% CI = 0.02–0.03; $p < 0.01$) (Whyte et al., 2011). This finding was consistent with a larger and more recent study ($n = 1676$), which investigated five allied health and science degrees—biomedical sciences, exercise and sports science, health and physical education, physiotherapy, nursing and general science. This study also found that students with higher ATAR scores achieved a higher GPA in first-year university subjects ($\beta = 0.037$; $p < 0.001$) (Anderton, 2017). Several other studies evaluating Australian allied health programs demonstrate similar positive associations between secondary academic performance and university academic success (Gordon et al., 2010; Magennis & Mitchell, 1998; Mills et al., 2009). Collectively, therefore, past research supports the value of secondary school performance scores to predict performance in Australian allied health degrees. Generalising these trends to podiatry degrees is still limited, however, as nursing and health science degrees may differ in terms of personal and academic characteristics of individual students and the individual courses and subjects.

The podiatry course evaluated in this study was a full-time, four-year combined bachelor/master's degree. The curriculum was delivered using a blended model, including face-to-face workshops, online modules and clinical skills and competency developed through hands-on clinical practice. The first year of the podiatry course contained public health (e.g., Individual and Social Determinants of Health) and introductory bioscience subjects (e.g., Human Anatomy and Physiology), with many assessments based on group work. Second year introduced more complex biosciences subjects, including Regional Anatomy of the Foot, Advanced Human Physiology, Pathology and Biomechanics. The subjects completed in second year were often perceived as challenging by students, and higher fail rates in these subjects were typical. By the third and fourth years of the course, theoretical and practical subjects specific to the podiatry discipline placed greater emphasis on the application of clinical knowledge and the development of professional clinical competencies.

ATAR score was a main tool informing student admission to the podiatry course. This study aimed to determine the degree to which secondary school ATAR scores subsequently predicted academic performance in each subject of the full-time, four-year combined bachelor/master's entry-to-practice podiatry degree. A primary purpose of this study was

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to consider the implications of this study's findings regarding scaffolding student academic support in subjects where ATAR is associated with poorer academic performance.

Methods

Study design

Approval to access the data set from official university academic records and conduct the analysis for this retrospective cohort study was granted from the La Trobe University Human Research Ethics Committee (FHEC12/206). To ensure student anonymity, data was de-identified by removing student names and numbers and recoding potentially identifying information, including secondary school name.

Table 1

Sample Sizes for All Variables Used in Analysis

Variable	N (%)
Entry type	
Direct	115 (35.1%)
VTAC	213 (64.9%)
Enrolment year	
2009	43 (13.1%)
2010	58 (17.7%)
2011	52 (15.9%)
2012	59 (18.0%)
2013	51 (15.5%)
2014	65 (19.8%)
Gender	
Male	142 (43.3%)
Female	186 (56.7%)
Secondary schooling type	
Government	108 (32.9%)
Independent	111 (33.8%)
Catholic	101 (30.8%)
Other	1 (0.3%)
Missing	7 (2.1%)
Socioeconomic status	
Low	26 (7.9%)
Medium	109 (33.2%)
High	95 (29.0%)
Total sample size: n = 328 students	

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Student data

The academic records of 459 students enrolled in podiatry from January 2009 to July 2014 were analysed. After applying exclusion criteria (described below) and ensuring enrolment data was complete, 328 podiatry students (71.5%) were included in the analysis. With only one cohort having completed the entire course, the sample size started with 328 students for first-year subject results and decreased to 131 students for fourth-year subject results. A full description of the sample sizes for all variables used in this study can be found in Table 1.

Inclusion and exclusion criteria

Students were included in this study if an ATAR or Equivalent National Tertiary Entrance Rank (ENTER) score was available upon course entry. The ATAR score was introduced in 2009 to replace state-based measures like the ENTER score, which ranked year 12 student performance for university admission (VTAC, 2009). This change was in name only, with the same formula used to calculate ATAR and ENTER scores. Exclusion criteria were students who could be identified by their data; transferred; dropped out; gained special or international entry, where there was no ATAR score; and had received an ATAR or ENTER score more than 3 years before course commencement.

Study variables

The relationship between ATAR and grades achieved in each subject within the podiatry course, except the first-year elective subject, was evaluated. Subject grades ranged from 0 to 100%, with higher scores representing greater academic achievement. ATAR and ENTER scores are continuous variables measured on a scale from 0 to 99.95, with higher scores reflecting stronger performance and a higher ranking. To ensure the independent association of ATAR to course performance was evaluated, the following pre-course entry factors were statistically controlled for through covariate analysis: secondary schooling type, entry type, gender, socioeconomic status and year of course commencement. Year of course commencement was included to account for changes in subject structure between year levels.

It was found that students enrolled in the podiatry course through two different pathways. Most students were Victorian Certificate of Education (VCE) students who had applied for podiatry through the Victorian Tertiary Admissions Centre (VTAC), with ATAR predominantly informing acceptance into the course. Other students were non-VCE students and had applied to the university directly, with additional post-secondary, industry and tertiary experiences used alongside ATAR to inform course entry. This pathway was accounted for in our analysis using the covariate “entry type”.

Socioeconomic status was based on postcode of the area resided in during year 12, with an “Index of Relative Socio-Economic Advantage and Disadvantage” from the Australian

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Bureau of Statistics Socio-Economic Index for Areas (SEIFA) assigned. This SEIFA index divides postcodes into a 10-point decile scale according to relative socioeconomic advantage and disadvantage. Areas with greater socioeconomic advantage and less disadvantage receive scores closer to 10, whereas areas with greater socioeconomic disadvantage and less advantage receive scores closer to 1.

Statistical analysis

Data was evaluated using a multiple linear regression analysis, which explored the inter-relationships between a continuous independent variable, a dependent variable and a number of covariates (Pallant, 2011). The purpose of this statistical analysis was to observe whether the independent contribution of ATAR score was a significant predictor of university academic performance when controlling for covariates of gender, SES, type of secondary schooling and course year level. Data was screened for completeness and coded in preparation for data analysis with Statistical Package for Social Sciences (SPSS) Version 21 (SPSS Inc, Illinois, U.S.A.) and Stata 12 (Stat Corp, Texas, U.S.A). The alpha level was set at the conventional level of $p \leq .05$. Prior to the multiple linear regression analysis, exploratory analyses were carried out to check for normality, outliers and other data features, with all descriptive statistics generated (e.g., mean and standard deviations). Pearson's correlation values reflecting the relationship between individual student ATAR scores and podiatry subject performance were provided for every subject within the 4 years of the podiatry course. A Pearson's correlation value below 0.3 demonstrated a very low positive correlation between ATAR score and student performance, between 0.3 and 0.5 a low positive correlation, 0.5 and 0.7 a moderate positive correlation and above 0.7 a high positive correlation (Mukaka, 2012).

Results

Descriptive statistics

The study sample started with 328 students in first-year subjects, which reduced to 131 students by fourth year due to fewer student cohorts having completed later-year subjects (Table 2). The mean ATAR score for the study sample was 80.8 (Range: 73.4 to 88.2). The subject with the lowest mean grade (56%) was second-year anatomy, while the fourth-year subject Medical Conditions Affecting the Foot achieved the highest average grade (84.6 %).

Regression analysis

Table 3 outlines the Pearson correlation coefficients between ATAR score and podiatry student performance before covariates were considered. A statistically significant association between ATAR and subject grade was seen in 21 of the 29 subjects within the podiatry course. The highest coefficient values for ATAR score and subject performance

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Table 2

Mean, Standard Deviation and Population Size for ATAR Score and All Podiatry Subjects

Year Level	Subject	N	Grade Mean (SD)
1st year subjects	ATAR score	328	80.8 (7.4)
	Human Biosciences A	302	67.2 (10.4)
	Interprofessional Practice A	249	76.0 (9.3)
	Perspectives of Health and Wellbeing	250	71.7 (7.2)
	Individual Determinants of Health	310	72.6 (6.1)
	Human Biosciences B	244	65.5 (11.1)
	Social Determinants of Health	249	71.5 (7.5)
	Interprofessional Practice B	252	74.6 (9.5)
2nd year subjects	Anatomy of the Lower Limb and Foot	250	56.0 (13.4)
	Integrating Evidence Into Practice	251	69.2 (9.8)
	Pathophysiology	250	62.4 (12)
	Podiatry Practice A	248	70.8 (13.3)
	Microbiology	204	62.6 (13.5)
	Normal and Pathological Movement	201	63.9 (9.3)
	Pharmacology	201	65.4 (8.3)
	Podiatry Practice B	184	78.5 (10.3)
3rd year subjects	Clinical Biomechanics in Podiatry	176	81.8 (6.3)
	Podiatric Assessment and Management	174	74.7 (6)
	Podiatry Anaesthesia and Surgery	175	78.5 (6.8)
	Podiatry Practice C	173	71.6 (7.1)
	High Risk Foot	136	77.1 (7.9)
	Musculoskeletal Foot and Lower Limb Pathology	136	79.4 (6.5)
	Podiatry Practice D	136	83.0 (8.2)
	Podiatry Pharmacology	142	78.4 (4.6)
4th year subjects	Podiatry Practice E	129	79.5 (9.4)
	Medical Conditions Affecting the Foot	131	84.6 (4.9)
	Consolidated Podiatric Management	129	81.6 (6.2)
	Podiatry Practice F	76	79.1 (6.2)
	Special Podiatry Populations	77	84.5 (5.1)
	Podiatry Project	69	84.2 (5.7)
	Podiatry Honours Preparation	7	80.4 (5.4)

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Table 3*Correlations Between ATAR Score and Podiatry Subject Performance*

Year Level	Subject	N	r value	p value
1st year subjects	Human Biosciences A	302	0.22	< 0.01
	Interprofessional Practice A	249	0.24	< 0.01
	Perspectives of Health and Wellbeing	250	0.18	0.004
	Individual Determinants of Health	310	0.28	< 0.01
	Human Biosciences B	244	0.33	< 0.01
	Social Determinants of Health	249	0.19	0.002
	Interprofessional Practice B	252	0.31	< 0.01
2nd year subjects	Anatomy of the Lower Limb and Foot	250	0.27	< 0.01
	Integrating Evidence Into Practice	251	0.35	< 0.01
	Pathophysiology	250	0.29	< 0.01
	Podiatry Practice A	248	0.10	0.110
	Microbiology	204	0.40	< 0.01
	Normal and Pathological Movement	201	0.42	< 0.01
	Pharmacology	201	0.41	< 0.01
	Podiatry Practice B	184	0.28	< 0.01
3rd year subjects	Clinical Biomechanics in Podiatry	176	0.26	< 0.01
	Podiatric Assessment and Management	174	0.23	0.002
	Podiatry Anaesthesia and Surgery	175	0.23	0.002
	Podiatry Practice C	173	0.25	0.001
	High Risk Foot	136	0.28	0.001
	Musculoskeletal Foot and Lower Limb Pathology	136	0.17	0.055
	Podiatry Practice D	136	0.21	0.001
	Podiatry Pharmacology	142	0.32	< 0.01
4th year subjects	Podiatry Practice E	129	0.15	0.101
	Medical Conditions Affecting the Foot	131	0.15	0.085
	Consolidated Podiatric Management	129	0.32	< 0.01
	Podiatry Practice F	76	0.29	0.012
	Special Podiatry Populations	77	0.32	0.005
	Podiatry Project	69	0.22	0.067
	Podiatry Honours Preparation	7	0.53	0.225

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were produced in Normal and Pathological Movement (Pearson correlation coefficient $r = 0.42$), Pharmacology ($r = 0.41$) and Microbiology ($r = 0.40$), however these subjects still demonstrate a low positive correlation. The weakest statistically significant coefficient values were observed in Perspectives of Health and Wellbeing ($r = 0.18$), Social Determinants of Health ($r = 0.19$) and the third-year clinical subject Podiatry Practice D ($r = 0.21$). Subjects that did not reach statistical significance included Podiatry Practice A, Musculoskeletal Foot and Lower Limb Pathology, Medical Conditions Affecting the Foot and the fourth-year Podiatry Project subject. Coefficient values were typically higher in second-year subjects compared to other year-level subjects.

Tables 4a through 4d reflect the relationships between ATAR score and the students' performance in each podiatry subject and year level once covariate analysis was undertaken. The highest coefficient values and moderate associations between ATAR score and subject performance were observed for Microbiology ($r = 0.54$; 95% CI: 0.32–0.77), Normal and Pathological Movement ($r = 0.51$; 95% CI: 0.35–0.66) and Human Bioscience B ($r = 0.50$; 95% CI: 0.32–0.69). The subjects that demonstrated low statistically significant associations with ATAR score were Podiatry Assessment and Management ($r = 0.16$; 95% CI: 0.04–0.28), Social Determinants of Health ($r = 0.18$; 95% CI: 0.05–0.32) and Individual Determinants of Health ($r = 0.19$; 95% CI: 0.10–0.28). Musculoskeletal Foot and Lower Limb Pathologies, the clinical subjects of Podiatry Practice A, D and E and the Podiatry Project subject did not produce statistically significant associations with ATAR. Coefficient values were typically higher in second-year subjects compared to other year levels. The covariate analysis undertaken in Table 3b identified female gender as having a positive, statistically significant effect on findings in 20 of the 29 podiatry subjects. The effect of gender was universal across all subject year levels and did not follow the same predictive pattern as ATAR score.

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Table 4a

*Correlations Between ATAR Score and First-Year Podiatry Subject Performance Adjusted for Covariates**

Podiatry Subject	Variables	r value (95% CI)	p value	Partial Eta Squared
Human Biosciences A				
	ATAR	0.36 (0.20, 0.52)	< 0.001	0.06
	Application type (direct vs VTAC)	-4.58 (-7.04, -2.13)	< 0.001	0.043
Interprofessional Practice A				
	ATAR	0.23 (0.07, 0.38)	0.005	0.032
	Application type (direct vs VTAC)	4.21 (1.95, 6.47)	< 0.001	0.052
	Gender (male vs female)	-3.29 (-5.51, -1.06)	0.004	0.033
Perspectives of Health and Wellbeing				
	ATAR	0.24 (0.12, 0.35)	< 0.001	0.061
	Application type (direct vs VTAC)	-5.60 (-7.29, -3.90)	< 0.001	0.147
	Gender (male vs female)	-2.29 (-3.96, -0.62)	0.007	0.029
Individual Determinants of Health				
	ATAR	0.19 (0.10, 0.28)	< 0.001	0.053
	Application type (direct vs VTAC)	2.43 (1.09, 3.77)	< 0.001	0.04
	Gender (male vs female)	-3.09 (-4.35, -1.82)	< 0.001	0.07
Human Biosciences B				
	ATAR	0.50 (0.32, 0.69)	< 0.001	0.106
Social Determinants of Health				
	ATAR	0.18 (0.05, 0.32)	0.006	0.03
	Gender (male vs female)	-2.44 (-4.31, -0.57)	0.011	0.026
Interprofessional Practice B				
	ATAR	0.37 (0.21, 0.52)	< 0.001	0.08
	Gender (male vs female)	-3.87 (-6.13, -1.62)	0.001	0.044

* Secondary schooling type, entry type, gender, socioeconomic status and year of course commencement

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Table 4b

*Correlations Between ATAR Score and Second-Year Podiatry Subject Performance Adjusted for Covariates**

Podiatry Subject	Variables	r value (95% CI)	p value	Partial Eta Squared
Anatomy of the Lower Limb and Foot				
	ATAR	0.49 (0.27, 0.70)	< 0.001	0.074
Integrating Evidence Into Practice				
	ATAR	0.42 (0.27, 0.57)	< 0.001	0.109
	Gender (male vs female)	-3.28 (-5.58, -0.98)	0.005	0.031
Pathophysiology				
	ATAR	0.41 (0.22, 0.59)	< 0.001	0.068
	Gender (male vs female)	-5.49 (-8.36, -2.63)	< 0.001	0.055
Podiatry Practice A				
	ATAR	0.11 (-0.10, 0.33)	0.3	0.004
	Gender (male vs female)	-7.36 (-10.64, -4.08)	< 0.001	0.074
Microbiology				
	ATAR	0.54 (0.32, 0.77)	< 0.001	0.1
	Application type (direct vs VTAC)	5.53 (2.13, 8.93)	0.002	0.049
	Gender (male vs female)	-6.11 (-9.48, -2.73)	< 0.001	0.06
Normal and Pathological Movement				
	ATAR	0.51 (0.35, 0.66)	< 0.001	0.175
Pharmacology				
	ATAR	0.42 (0.28, 0.56)	< 0.001	0.152
	Gender (male vs female)	-2.26 (-4.42, -0.13)	0.04	0.021
Podiatry Practice B				
	ATAR	0.33 (0.14, 0.53)	0.001	0.06
	Gender (male vs female)	-4.90 (-7.81, -1.99)	0.001	0.057
Clinical Biomechanics in Podiatry				
	ATAR	0.23 (0.10, 0.35)	< 0.001	0.07
Podiatry Assessment and Management				
	ATAR	0.16 (0.04, 0.28)	0.009	0.039
	Gender (male vs female)	-2.27 (-4.05, -0.50)	0.012	0.036

* Secondary schooling type, entry type, gender, socioeconomic status and year of course commencement

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Table 4c

*Correlations Between ATAR Score and Third-Year Podiatry Subject Performance Adjusted for Covariates**

Podiatry Subject	Variables	r value (95% CI)	p value	Partial Eta Squared
Podiatry Anaesthesia and Surgery				
	ATAR	0.24 (0.11, 0.38)	0.001	0.067
	Application type (direct vs VTAC)	-2.37 (-4.40, -0.33)	0.023	0.03
High Risk Foot				
	ATAR	0.23 (0.05, 0.41)	0.014	0.045
	Gender (male vs female)	-5.10 (-7.68, -2.52)	< 0.001	0.103
Musculoskeletal Foot and Lower Limb Pathologies				
	ATAR	0.12 (-0.04, 0.27)	0.131	0.017
	Application type (direct vs VTAC)	-3.61 (-6.00, -1.22)	0.003	0.063
	Gender (male vs female)	-2.37 (-4.56, -0.17)	0.035	0.033
Podiatry Practice D				
	ATAR	0.20 (-0.005, 0.40)	0.056	0.027
	Gender (male vs female)	-2.95 (-5.80, -0.11)	0.042	0.031
Podiatry Pharmacology				
	ATAR	0.22 (0.12, 0.33)	< 0.001	0.114
	Gender (male vs female)	-2.51 (-4.09, -0.92)	0.002	0.066
Podiatry Practice C				
	ATAR	0.18 (0.03, 0.32)	0.017	0.033
	Application type (direct vs VTAC)	2.48 (0.38, 4.58)	0.021	0.031
	Gender (male vs female)	-3.15 (-5.22, -1.07)	0.003	0.05

* Secondary schooling type, entry type, gender, socioeconomic status and year of course commencement

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Table 4d

*Correlations Between ATAR Score and Fourth-Year Podiatry Subject Performance Adjusted for Covariates**

Podiatry Subject	Variables	r value (95% CI)	p value	Partial Eta Squared
Special Podiatry Populations				
	ATAR	0.25 (0.08, 0.41)	0.005	0.101
Podiatry Project				
	ATAR	0.20 (-0.10, 0.42)	0.067	0.049
Consolidated Podiatric Management				
	ATAR	0.22 (0.07, 0.37)	0.004	0.063
	Gender (male vs female)	-3.51 (-5.60, -1.42)	0.001	0.08
Medical Conditions Affecting the Foot				
	ATAR	0.08 (-0.04, 0.20)	0.187	0.014
	Application type (direct vs VTAC)	-3.81 (-5.63, -1.99)	0.037	0.119
	Gender (male vs female)	-1.77 (-3.42, -0.11)	< 0.001	0.034
Podiatry Practice E				
	ATAR	0.11 (-0.12, 0.34)	0.356	0.007
	Application type (direct vs VTAC)	4.20 (0.62, 7.78)	0.022	0.041
	Gender (male vs female)	-4.52 (-7.81, -1.23)	0.007	0.056
Podiatry Practice F				
	ATAR	0.27 (0.06, 0.47)	< 0.001	0.082

* Secondary schooling type, entry type, gender, socioeconomic status and year of course commencement

Discussion

The results of this study show that ATAR scores are positively associated with academic grades in most podiatry subjects (72.4%), with the strength of these associations being low to moderate. This finding is consistent with studies in similar American-based podiatry degrees and within Australian allied health fields (Anderton, 2017; Shaw et al., 2012; Smith & Geletta, 2010; Yoho, Tallerico, & Vardaxis, 2012) and has addressed a gap in the literature by providing information on how ATAR score is associated with performance in each subject of an Australian podiatry degree.

The correlations between ATAR score and tertiary academic performance were moderate but strongest in second-year subjects. The lowest mean grades were achieved in second-year anatomy and physiology subjects, with one explanation for podiatry students achieving

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low mean grades in these subjects being the difficulty in comprehending terminology used in these subjects and the longer time needed to learn subject content (Whyte et al., 2011). Anatomy of the Lower Limb and Foot, a regional anatomy subject, produced the lowest mean grade of all podiatry subjects (56%; 42.6% to 69.4%). Green and colleagues (2009) suggest that learning in regional anatomy subjects requires three-dimensional spatial abilities to integrate many systems within one body region—a skill that may be underdeveloped during secondary studies. Their study found that performance in secondary school science subjects is associated with performance in the university bioscience subjects of physiology and biomechanics but not regional anatomy (Green et al., 2009).

The predictive value of performance in secondary school science and mathematics subjects and grades achieved in university anatomy and physiology subjects is further supported by Australian-based studies. Anderton, Evans and Chivers (2016) and Anderton, Hine and Joyce (2017) suggest that performance in individual ATAR subjects may be more predictive of performance in first-year anatomy and physiology subjects than ATAR score alone. These studies particularly highlight the importance of prerequisite subjects—ATAR level human biology, chemistry and specialised mathematics—and subsequent performance in first-year anatomy and physiology subjects.

Strategies to improve academic performance in anatomy and physiology subjects should consider factors beyond past academic performance alone. Studies undertaken by Reinke (2019) and Brown and colleagues (2018) demonstrate the importance of enhancing student skill and emotional engagement to improve academic performance in anatomy and physiology subjects. Peer mentoring programs that promote student emotional wellbeing, stress management and the development of positive professional and personal attitudes may further enhance student engagement in anatomy and physiology subjects (Akinla et al., 2018). An appreciation of the complex learning requirements for anatomy and physiology subjects may further improve student performance in challenging regional anatomy subjects.

Second-year Anatomy of the Lower Limb and Foot, the subject producing the lowest mean grade, has two first-year prerequisite subjects—Human Biosciences A and B. Evaluating the predictive value of these prerequisite subjects, alongside performance in ATAR subject prerequisites such as chemistry, biology, physics and mathematics may help to identify and support students at risk of poor performance in regional anatomy. A greater understanding of the learning requirements for regional anatomy subjects is also needed to enhance performance in second-year Anatomy of the Lower Limb and Foot.

Associations between ATAR and subject performance in other year levels were lower and more varied. Given that most assessments in first-year subjects were completed in student groups, it may be that grades, to a degree, depended on group effort. Group

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learning is being used increasingly in health professional education, with benefits noted in student engagement and enthusiasm (Feingold et al., 2008). It has been recognised that success in team environments requires individual characteristics including teamwork, cooperation, communication and accountability (Feingold et al., 2008). It may be that these characteristics are particularly important to succeed in the first-year team-based subjects, rather than just achieving a high ATAR score.

It is important to recognise that some podiatry discipline-specific subjects were not significantly associated with ATAR score after covariates were included in the model. Five of these subjects (Podiatry Practice E and F, Consolidated Podiatric Management, Medical Conditions Affecting the Foot and Podiatry Project) are fourth-year subjects with smaller sample sizes ($n = 131$), and further investigation is required to see whether associations are stronger when more students have completed these subjects. It may be valuable to investigate why ATAR did not indicate academic performance in specific podiatry subjects. One explanation requiring further investigation is whether assessment tasks and learning content in these final-year subjects are different to those offered in other podiatry subjects and year 12 studies, given their often applied and practical nature.

Three of the six practical podiatry-specific subjects (Podiatry Practice A, D and E) were not significantly associated with ATAR. An explanation for this may be that additional attributes and skills, such as personality, interpersonal skills, social consciousness, motivation and communication skills, may be needed to successfully complete clinical podiatry subjects (Yoho, Tallerico, & Vardaxis, 2012). Further research comparing student performance in clinical and theoretical podiatry subjects is worthwhile to see whether there are additional factors that indicate performance in clinical podiatry subjects.

The differences in characteristics and abilities required to succeed in clinical versus academic subjects has been demonstrated by one study in the podiatry field (Yoho, Tallerico, & Vardaxis, 2012). This study correlated academic performance with clinical performance in the podiatry degree at Des Moines University in America. Only low to moderate associations between academic and clinical subjects were found. Qualitative research identifying these and other non-academic skill sets, which enhance student clinical performance, is indicated to inform the development of new programs or additions to the podiatry curriculum.

An additional finding from this study was that female gender positively associated with academic performance in 20 of the 29 podiatry subjects. While some health science related studies have also demonstrated a positive link between tertiary academic performance and female gender (Stegers-Jager et al., 2015), others report variability in the direction and strength of this association. Further research is required to assess the applicability of this finding to broader health science and podiatry degrees.

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Limitations

Several methodological issues need to be acknowledged and may affect the wider applicability of study findings. Firstly, the applicability of findings to other podiatry degrees may be limited due to the high representation of VCE students within the study sample, smaller student numbers in third- and fourth-year subjects and a podiatry curriculum that is unique to La Trobe University. Further research is required to determine whether associations in third- and fourth-year subjects become statistically significant when more students have completed these subjects.

Academic performance at university is complex and influenced by a multitude of factors. The covariate analysis undertaken in this study was designed to evaluate how effectively ATAR score independently predicts grades throughout the course. Some potentially influential factors could not be accounted for when considering the independent association between ATAR score and subject performance. Motivation, the desire to engage in an activity, is one such variable shown to positively influence a student's study strategy and academic performance (Kusurkar et al., 2013). The motivation levels of individual students in this study were not evaluated and are, therefore, unaccounted for in the estimated association between ATAR score and individual subject performance.

Past work experience and grades achieved in specific secondary school subjects were also not considered during analysis. Studies suggest that work experience within the health discipline can better prepare students for the academic and clinical demands of health courses and improve overall academic performance (Hutchinson et al., 2011). Performance in secondary school science subjects has also been shown to be positively associated with performance in first-year biosciences subjects across several health and biosciences degrees (Green et al., 2009; Mills et al., 2009). These variables may be important indicators of performance throughout the course, particularly in clinical subjects and other subjects that were not associated with ATAR score.

Student retention and attrition were not considered in this study, as student withdrawal and university transfers were excluded from analysis. This is an important subgroup within the podiatry course, as many of these students achieved very low subject scores prior to leaving the course. It was deemed likely that the performance of students who withdrew from the podiatry program was strongly influenced by variables such as motivation and subject interest. For this reason, these students were excluded from the study (Molnar et al., 2012; Wu et al., 2020). It would be worthwhile investigating the multifactorial nature of student retention to evaluate whether lower scoring ATAR students are more likely to fail subjects or withdraw from the course so support strategies could be targeted towards these students.

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Recommendations

Several recommendations have been developed requiring further investigation and research. The low to moderate associations between ATAR score and performance in several podiatry subjects supports the use of ATAR score as one of several indicators informing student selection processes. Placing greater emphasis on other admission variables during selection processes, including secondary school subject performance, podiatry work experience and motivation, may identify students at lower risk of poor performance during the podiatry course.

There are pathways that connect year 12 students to universities at the beginning of their final VCE year (Harvey & Simpson, 2012). Student mentoring programs, exposure to study opportunities in the student's desired course and tuition for year 12 examinations is provided as part of these programs. If the student meets the minimum course entry requirements, acceptance into their desired course can be achieved with a VCE result below the cut off ATAR grade (Harvey & Simpson, 2012). Evaluating the ability of programs like this to capture highly motivated students or students from low socioeconomic status backgrounds, then following these students throughout their degrees and careers, may inform future selection processes.

Screening processes to identify students at risk of poor academic performance could be accompanied by strategies to increase academic support. This study gave some indication that students with a low ATAR score or poorer performance in Human Bioscience B may be at risk of poor performance in Anatomy of the Lower Limb and Foot, the second-year subject with the lowest mean grade. This finding requires further investigation and application to other second-year anatomy and physiology subjects. These second-year subjects introduce some of the fundamental knowledge and skills required to succeed in third- and fourth-year subjects. Additional academic support in these subjects may enhance student performance. To further understand performance in third- and fourth-year subjects, this study could be undertaken again when more students have completed these subjects.

Conclusions

This study found that higher ATAR score was a low to moderate predictor of performance in some podiatry subjects but not in others. The strongest associations were seen between ATAR score and performance in second-year human biosciences subjects, while correlations were weaker or absent for ATAR and practical-based podiatry subjects. Supporting low scoring ATAR students during second-year subjects is indicated to improve student performance in this year level. To better understand the complex nature of student performance within podiatry degrees, this study could be repeated when more students have completed the course.

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Funding and conflicts of interest

No conflicts of interest exist. This project did not receive any funding.

Acknowledgements

The authors would like to sincerely thank Ms Camboi Tong for her assistance in accessing, filtering and de-identifying the study data.

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